



A Note from Our SUGA President

We are delighted to have you participating in our Fall Quarter! After a hiatus due to COVID, the newsletter is back in business and we are happy to share SUGA news and goings-on with you again. Bonnie Hoyt has taken on the role of editor. You can learn more about her in this, her first issue.

This is an appropriate time to thank the newsletter team of Marcy Nader and Susan Talgo, who produced the previous newsletters, for their efforts and hard work

to keep the SUGA family current.

It is due to the work of so many volunteers that SUGA continues to thrive and grow and we are all grateful for their efforts.

SUGA would also like to recognize Phyllis Bearden for all her years of volunteering. She started the SUGA website and got us onto Facebook. Thank you, Phyllis.

If you think you would like to volunteer for SUGA in any capacity, please let any of the board members know. We would welcome your input!

Thanks, and continue to enjoy this fall's spectacular lineup of classes!

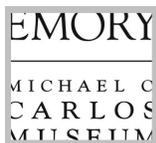
Gisela McClellan,
President



Please notice our updated logos courtesy of John Culpepper !



Tour the Carlos Museum



Susan Talgo has been a docent at the Carlos Museum on the Emory Campus since 2009. She indicated that while the museum started as a "curiosity cabinet of fossils, it has become a leading treasure trove

of ancient history." In addition, special exhibits are featured, including one of the Italian director Frederico Fellini, beginning in October.

Knowing of Susan's experience at the Carlos Museum, several SUGA members have expressed an interest in taking a tour of the museum with her. Anyone who wishes to par-

ticipate in such a tour should contact Susan directly by email at susantalgo@yahoo.com. There is a \$6 admission fee to the museum but the tour itself is free.

Susan has a lot of detailed and fascinating information about the museum. If you'd like to know more, contact Susan directly.

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Getting to know me—Bonnie Hoyt, Editor



With this issue, Bonnie Hoyt takes over as Editor of the SUGA Times

Covid threw a monkey wrench into everything including SUGA and our SUGA Newsletter, but we have risen above it with Zoom classes, cooperation during in-person classes, and now with the reintroduction of our quarterly Newsletter.

I, Bonnie Hoyt, have been named its new Editor and have been asked to introduce myself.

I've been a SUGA member for at least 6 years but didn't get actively involved until I taught a literature class in Fall, 2021. I loved doing that so I taught another class this past summer and I expect I'll continue doing that in the future.

I was born to Polish parents, 1/2 of a 10-pound baby boy that turned out to be identical twin

girls. I went to a small, local, Catholic women's college graduating with a B.A. in English and Secondary education, followed by an M.A. in English Literature from the University of Rhode Island.

I soon learned that "life is what happens when you are making other plans." Turned out teaching teenagers wasn't really for me so I worked in continuing education for the Massachusetts College of Pharmacy, married Don Hoyt (whom some of you may remember), and eventually moved to Atlanta when Don was transferred to Fort McPherson. We have one son, David, who now lives in Ohio and works in Communications at Kenyon College.

In Atlanta I worked as an office manager, first for an advertising agency and later a small accounting firm.

When I turned 50, I became certified as a water aerobics instructor. I've been teaching water classes at Mercer University for probably 15 years and it is there that I heard about SUGA and met many of those who have made SUGA the terrific resource it is.

I've also taught English as a Second Language at St. Bede's Church, worked at the Food Pantry at Toco Hills Community Alliance,

and am Co-Chair of the Oak Grove UMC Library.

Don and I had been married for 42 years when he passed away in September, 2020. Taking SUGA Zoom classes and teaching water classes helped me adjust to the single life, although I am never really single with my twin nearby.

I'm introducing myself in this newsletter but I plan to use this space to introduce one SUGA member in each issue. This is especially

"Taking SUGA Zoom classes and teaching water classes helped me adjust to the single life, although I am never really single with my twin nearby."

important now that many of us are opting to participate only from home and may never actually meet in person.

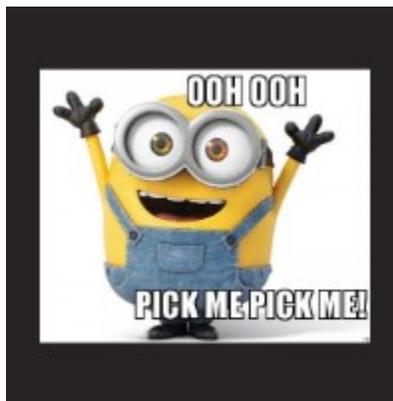
In addition, I am hoping to include any news about any member that may be of interest to all of us. Please send information to bonniehoyt@aol.com with a subject line of "SUGA News."

This is your newsletter, so if there is something you'd like to see here, please let me know. All suggestions will be thoughtfully taken into consideration.

Become a 2023 SUGA Volunteer!

SUGA can use more great teachers, volunteers, and ideas. Are you passionate about something you'd like to share? Talk to Art Slavin about teaching a course (or even one class in a "potpourri" series).

Can't imagine teaching a class yourself? Maybe you can suggest a course you'd like to see offered. Maybe you know someone who shares your passion but does like



to teach. Whatever you can volunteer to do to help SUGA grow and thrive, please consider taking an active role in this terrific organization.

**Become a SUGA
Volunteer today!**

Member Spotlight

“If you want something done, ask Lauren!” is how I can sum up Lauren Wood-Viscardi now that I’ve spent some time talking to SUGA members and with her about her life and her role in SUGA.

When asked about Lauren Wood-Viscardi, Bill Beeson praised her total remodel and expansion of the SUGA website. George Weider echoed Bill’s thoughts and added, “On her own initiative, Lauren mastered the skill of uploading Zoom recordings to You Tube (which) has given us the ability to offer classes to assisted living facilities and send links to members who have missed classes.”

Lauren joined SUGA in 2020 and even though she participates in SUGA remotely, she’s become an indispensable part of making the organization run efficiently. Thanks to Lauren, we have a wonderful new website, SU-GA.org. I spent some time cruising through it the other day and was amazed at its user-friendly features and appealing design. I’d recommend you check it out soon.

“I have been able to reach far more people through my volunteer activities than I did in the corporate world. I love when people say that what I do helps them, big or small, in their lives.”

And if you are wondering who is helping our instructors navigate the unfamiliar waters of Zoom, Lauren is the one behind the scenes creating PowerPoint presentations and co-hosting Zoom classes. She’s also done everything from creating online registration for class registration to creating original graphics for the website.

Lauren was born in San Francisco. Her father worked in creating precision maps by means of aerial photography, a skill first encountered during the Korean War.

Her father went onto to design cameras for the CIA and the DoD. The family moved every few years, so Lauren attended schools in many different places, adapting to new situations on a regular basis, even though she was a shy child. She is not shy any more!



You are most likely to find Lauren on Zoom, helping to host classes.

After graduating with a BS in Business Administration from the University of New Hampshire, she married in 1985 and spent some time climbing the corporate ladder. When her husband was transferred to Atlanta, she gave up that climb to raise three boys, volunteering in a myriad of roles since 1993, including 22 years with the Cobb County schools. She feels lucky to have been followed to Georgia by her mother, late father and brother, who have helped her ever since!

All that has been far more satisfying than her paid jobs. “I have been able to reach far more people through my volunteer activities than I did in the corporate world. I love when people say that what I do helps them, big or small, in their lives.”

Lauren got involved in SUGA through our instructor Sal DePasquale. Her mother was taking his OLLI classes (Osher Lifelong Learning Institute) at KSU, then Emory but switched to SUGA when her favorite instructor Sal did. Lauren and her mother now both attend remotely by Zoom from Marietta rather than fight the traffic into Atlanta.

Surprisingly, Lauren's work for SUGA is just part of her active life. This woman may never sleep! She has taken on the role of co-moderator of a Facebook group for parents of Marine Corps officers. Her son, Eric, is a test pilot for the CH53k helicopter. She’s secretary of her Homeowners’ Association, now more automated due to her efforts. And she represents Cobb County on the State Committee for the Democratic Party of Georgia.

When she is not volunteering, Lauren enjoys walking and hiking, listening to audiobooks, traveling, photography, following politics, spending time with friends, and helping her husband with construction projects.

Lauren has much to be proud of. She’s been happily married since 1985, shepherded three active boys through learning disabilities and food allergies, maintained close relationships with her mother and brother, and, through her many volunteer activities, positively impacted the lives of more people than she can ever know.

Although many of us SUGA members may never meet Lauren in person, we are grateful that she is a part of this group, helping to keep us all learning for life.

Trying to find the right gift?

Give the Gift of SUGA!

Make a payment, and then give us the recipient's name and email address.

Simple and always fits!

SUGA has about 300 members and we are glad to have every single one of you, but we want more and you can help.

Think about your family and friends who don't have the comradery and mental stimulation SUGA members enjoy. Wouldn't it be great to share SUGA with them? Give the gift of SUGA this holiday season!



SENIOR UNIVERSITY OF ATLANTA

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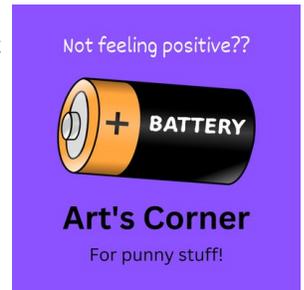
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***Our Mission:
Never Stop Growing***

We're on the web!
su-ga.org

Art's Corner (punny stuff!)

- » I thought I saw an eye doctor on an Alaskan island, but it was an optical Aleutian.
- » Two silk worms had a race. They ended up in a tie
- » A backward poet writes inverse.
- » A chicken crossing the road is poultry in motion.
- » The butcher backed into the meat grinder and got a little behind in his work.
- » No matter how much you push the envelope, it'll still be stationery.
- » A dog gave birth to puppies by the side of the road and was cited for littering.
- » When cannibals ate a missionary, they got a taste of religion.



Rodin in the United States: Confronting the Modern



The High Museum is featuring "Rodin in the United States: Confronting the Modern" from October 21, 2022–January 15, 2023. Bonnie Hoyt saw this exhibit in August at The Clark Art Institute in Williamstown, MA and it was fabulous. "I expected a small display but there was a whole gallery of pieces and lots of info! This will be worth the High's admission fee."

DeKalb Symphony Orchestra

Many SUGA members are always looking for activities and events to expand their minds or provide enjoyment at a reasonable cost.

SUGA member Rosemary Woolfitt plays cello in the DeKalb Symphony Orchestra and was kind enough to provide the following information about the DSO that may be of interest to other SUGA members.

Over a half century strong, the DeKalb Symphony Orchestra



(DSO) is regarded as one of the region's outstanding community orchestras and as a highly respected arts organization in metro Atlanta. Most concerts are performed in the Marvin Cole Auditorium at Georgia State University, Perimeter College, Clarkston Campus.

An exciting feature of the 2022-2023 season is the debut of Dr. Paul Bhasin as the DSO's new Music Director/Conductor after the completion of a challenging, years-long search process.

The DSO's season began on Tuesday, Sept. 20 but pro-rated season tickets as well as individual concert tickets are still available at www.DeKalbSymphony.org.